

SHARE:

[Join Our Email List](#)



**Pos-A-Bits** **DECEMBER**  
**2012**

**In This Issue**

- [Need a Quilt](#)
- [Christmas Gift!](#)
- [Save our society](#)
- [Port Mann Bridge](#)
- [Special Event](#)
- [Award!](#)

[Visit website](#) →

**Website Update**

- how to [purchase](#) the DVD  
Try on a Disability
- to listen to the [interview](#)  
Zosia had with Co-op radio

► [Donation](#)

👍 [Like us on Facebook](#)

**Lend an Ear  
Program**

**Greetings!**

**WE NEED YOUR HELP NOW**

I am making the assumption that all of you who are getting our newsletter like what we do and how we do it. Unfortunately even though we are all volunteers and we have no paid staff it still takes money to run an association.

Also grants that we apply for, and in a lot of cases have been successful at getting, are specifically geared to pay for programs. There is no money to pay for core expenses things like rental of storage area to keep the equipment that we receive, cost of gas to transport the equipment, liability insurance which in the case of our society is vital. Since we provide equipment to people in the community and even though we still have our clients signed releases for this equipment we need to protect our society and volunteers from being sued should something happen. We need money for stamps, and all sorts of supplies that it takes to run an office along with websites and media information etc.

We have been so successful in what we do that we have run out of money to cover the basic needs of our society. Isn't that ironic! Success puts us in the poor house!

PLEASE DONATE SOME MONEY NOW, WHETHER IT BE A FEW DOLLARS OR A FEW HUNDRED DOLLARS.

You can go on the website [Langley.pos-abilities.org](http://Langley.pos-abilities.org) and donate through PayPal or call 604-961-0117 and pay by Visa or MasterCard or



We believe in working with other organizations whenever possible. Today I was looking for a hearing aid for someone who cannot afford to purchase their own. "Lend an Ear" is run by the Western Institute for the Deaf and Hard of Hearing.

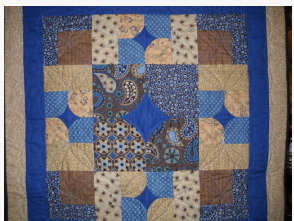
After speaking with them I found out that there is a year waiting list because they need donations of hearing aids. How many of you knew that? So if you know of any hearing aids that are not being used, please consider donating them. Here is the contact info:

2125 West 7th Ave (at Arbutus)  
Vancouver, BC, V6K 1X9  
Phone 604-736-7391  
TTY: 604-736-2527  
Fax: 604-736-4381  
E-mail: [info@widhh.com](mailto:info@widhh.com)

Monday to Friday:  
9:00am to 5:00pm  
Hearing Clinic and  
Communication Devices

Showroom ONLY Saturdays:  
9:00am to 5:00pm  
(closed for lunch  
from 12:00pm to 1:00pm)

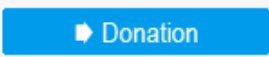
## Do you need a quilt?



The Langley Quilters Guild has donated several lap quilts for our members. They gave us a number of them in June and they were given out at our AGM.

If you are a member of LPAS and need a quilt please give Zosia a call at 604-961-0117 and make arrangements to choose one and pick it up. They are absolutely beautiful and in

mail a check to Unit 80 - 2270 - 196 Street,  
Langley BC V2Z 1N6.



Do you need a quilt? See [left](#) for all the details!

And we want you to know, we still have our humour! Enjoy the '[Twas the Night Before Christmas at Rockaway Rest](#)' poem.

Thank you everyone!

Zosia

PS: **CHRISTMAS WISHES**

The Board of Directors of the Langley Pos-Abilities Society would like to wish you and yours a very Merry Christmas and all the very best for a Happy and Prosperous New Year.



## Volunteer Opportunity

On January 16, 17 and 18 we are going to be having a table at Willowbrook Mall in front of the Sport Chek from 12 noon to 9 PM.



We need volunteers to man those tables during those hours. We will be selling raffle tickets and showing our new DVD and CDs. Upon the donation of \$20 they have their choice of the DVD or the CD. The first shift will be from 12 noon to 4 PM or 5 PM and the second shift will be from 4 or 5 PM to 9 PM. Please make a commitment of which shifts you are prepared to volunteer for and e-mail me at [Zosia@langley.pos-abilities.org](mailto:Zosia@langley.pos-abilities.org) with your commitment.

We also need volunteers to sell our raffle tickets. You can win two tickets to Abbotsford Heat or a beautiful handmade quilt donated by the Langley Quilters Guild. Please contact me at 604-961-0117 to make arrangements for ticket pickup to sell to help us make some money. Tickets are two dollars each or three for five dollars and the draw date is February 14 Valentine's Day.

For your information over the past month we have submitted for grant applications for various different programs. Over the next few months we will be hearing whether or not we have received any or all of the grants.

my opinion, they are WORKS OF ART.

Thank you to the Langley Quilters Guild for your generosity!



The film is now up on our website and available for purchase at a cost of \$20 plus shipping and handling.

We are also selling the CD called D.I.M.E.S. by Lance King. This CD contains many inspirational songs including the two composed and sung by Lance on our film. The cost of the CD is also \$20 plus shipping and handling.

Both of these items are fundraising ventures, so please encourage all your friends to buy. They make nice Christmas gifts.

Please go to our [website](#) for both of these purchases!

## Your Comments

Tell us what you think! We'd love to hear your feedback.

Do you have a story to tell? Please let us know!

It's as simple as hitting 'reply' or emailing us [here](#).

## Calendar

Keep current with all our upcoming events by checking the calendar on our [website](#)!

 [Join Our Mailing List](#)

## A Day of Pos-Abilities

July 13, 2013



Here is a description of the day we are planning on July 13, 2013. We will be needing many volunteers for many different jobs

associated with that day. Some of those jobs will be starting shortly in the new year where as others will be needed on the day itself.

This event is designed to promote understanding, inclusion and excitement about issues that face people with disabilities. We are planning a parade, a concert, displays which will include the latest equipment available for people with disabilities, silent auction, items for sale made by people with disabilities, and food.

The parade is being planned to break the Guinness book of records for the longest parade of electric vehicles. The parade is required to be 2 miles long and the plan is to provide rolling closures of one lane of traffic as the parade goes through. Once the parade has gone through the lane will be opened. We will be inviting local politicians to lead the parade. The plan is for the parade to start at 1 PM and immediately following the parade the concert will start.

Throughout the day there will be displays and food available and in general a spirit of well-being and information will be generated. We also hope to have a Translink bus, a HandyDart bus and the Aldergrove trolley bus available so that people in wheelchairs and scooters can practice getting on and off and does feel more comfortable in using other methods of transportation.

## Twas the Night Before...

Twas the night before Christmas at Rockaway Rest  
And all of us seniors were looking our best.  
Our glasses, how sparkly, our wrinkles, how merry:  
The punch bowl held prune juice three drops of sherry.

A bed sock was taped to each walker, in hope  
That Santa would bring us soft candy and soap,  
We surely were lucky to be there with friends,  
Secure in this residence, and in our Depends.

Our grandkids had sent us some Christmasy crafts,  
Like angels in snowsuits and penguins on rafts.  
The dental assistant had borrowed our teeth,  
And from them she crafted a holiday wreath.  
The bed pans, so shiny, all stood in a row,  
Reflecting our candles' magnificent glow.

Our supper so festive -- the joy wouldn't stop.  
T'was creamy warm oatmeal with sprinkles on top.

---

## Can You Help?

We are an organization entirely staffed by volunteers; we need to raise money and attract volunteers to staff our events.

If you like what we do and feel that this organization is of benefit to our community and can donate money and/or time we would welcome either or both.

---

## Langley Pos-Abilities Board Members

Zosia Ettenberg - President  
[Email](#)

John Hubbard - Vice President and working with our equipment donations [Email](#)

Ruth Austin - Secretary / Treasurer [Email](#)

Ken Hinton - Director [Email](#)

Toni-Anne King - Director and print designer [Email](#)

Tracy Boyd - Director and working with communications and photography and internet [Email](#)

Travis Moore - Director [Email](#)

---

## Contact us:

Langley Pos-Abilities Society  
#80 - 2270 196th St  
Langley, B.C. V2Z 1N6  
[Email](#)  
604-961-0117

 Pledge

Our salad was Jell-O, so jiggly and great,  
Then purple of fruitcake was spooned on each plate.

The social director played some games,  
Like "where are you living?" and "what are your names?"

Old Grandfather Looper was feeling his oats,  
Proclaiming that reindeer were nothing but goats.  
Our resident wanderer was tied to her chair,  
In hopes that at bedtime she still would be there.  
Security lights on the new fallen snow  
Made it seem like noon day to us old folks below.

Then out on the porch there arose quite a clatter.....  
(But we are so deaths that it just didn't matter).  
A strange little fellow flew in through the door,  
Then tripped on the sill and fell flat on the floor.  
'Twas just our director, all toggled out in red.  
He jiggled and chuckled and patted each head.  
We knew from the way that he strutted and jived  
Our Social Security checks had arrived.

We sang - - how we sang - - in our monotone croak,  
Till the clock ticked out its soft eight P.M. stroke.  
And soon we were snuggling deep in our beds,  
While nurses distributed our evening time meds.  
And so ends our Christmas at Rockaway Rest.  
Soon you will be with us; we wish you the best!!!